

Carinthian Reindling!

A MUST for every visitor to Carinthia - and for all those who don't come to Carinthia, here's how to bake it 🙂 There are soooo many variations - here's my friend Martina's from Klagenfurt

Ingredients for one large cake tin or 2 bundt cake tins:

For the dough:

750 g plain flour AT type W 480 / DE type 405
1 1/2 tsp salt
3 egg yolks
150 g butter
100 g icing/powdered sugar
3/8 litre milk
60 g yeast/yeast
Some grated lemon zest

For the filling:

100 g butter
200 g chopped walnuts
150 g brown sugar
3 tsp cinnamon
200 g sultanas
5 tbsp rum
60 g honey

Preparation:

Preparation of the filling:

Pour the rum over the sultanas and leave to soak overnight.

Place the butter in a pan and melt on the hob. Remove from the heat and add the remaining ingredients for the filling and stir in. Set aside.

Prepare the pastry:

Place the butter in a pan and melt on the hob, pour in the milk and stir in the sugar and egg yolks. Leave this mixture to cool, it should not be more than 30°C. Crumble in the yeast and dissolve.

Then place the flour, salt and lemon zest in a bowl. Add the liquid mixture and mix with a food processor or hand mixer to form a smooth dough.

Cover and leave to rest for approx. 45 minutes.

Then roll out the dough into a rectangle.

Spread the filling on top and roll up tightly.

Place the roll in a greased tin and place in a cold oven. Set the oven to 170°C top/bottom heat and bake the Reindling for approx. 50 - 60 minutes until golden brown.

Turn out of the tin immediately and sprinkle with icing sugar.

Gudrun from Mödling wishes you good luck :-)

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